



Bobby Clennell

Yoga for Breast Health



Bobby has been a direct student of B.K.S. Iyengar, Geeta Iyengar and Prashant Iyengar for 40 years and is a senior teacher at the Iyengar Yoga Institute of New York. She is author and illustrator of three books, *The Woman's Yoga Book*, *Watch Me Do Yoga* and *Yoga for Breast Care*. Her teaching style is strong, energetic, precise and kind. Bobby is also the creator of "Yoga Yantra", a short animated film, based on the movements of B.K.S. Iyengar during his own yoga practice.

For more information, please visit www.bobbyclennell.com

Learn a practice which promotes lymphatic drainage, strengthens the immune system, supports liver function, and promotes ease and freedom in the chest, lungs, upper back and shoulders. This is an all-levels, general workshop, and will be held at Pathway Yoga.

Monday June 22, 9am-1pm

Early registration \$75 by March 15 (includes HST); late registration \$90 after March 15.

Pathway Yoga

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